

Greetings — Spring 2007 Newsletter

WHO WE ARE.....

A Message from Thor and Diane Smith

Runners, Inc., has been providing courier, trucking, distribution, and warehouse services in the Washington, D.C., metropolitan area since 1987. This year we're celebrating Runners' 20th anniversary, and want to let our customers know more about us. If you're not a Runners, Inc. customer yet, continue reading to find out why you should be.

Commitment to customer satisfaction is the foundation to our continued growth. We anticipate and meet our customer's needs whenever possible. In fact, many of our loyal customers consider us a *custom resource* instead of just a courier and trucking company. If we don't provide the type of service or product you need, you're invited to check out the diverse capabilities of the satisfied customers listed on our [website](http://www.runnersinc.com) (www.runnersinc.com) and hear what they say about us. Since we're a small company, we have the flexibility and resources to help you with your business so your valuable time can be spent on more important things waiting for your attention.



Now that the hustle and bustle of the holidays are over, we can all return to focusing on "to-do" lists but may discover that extra help is needed.

- Are boxes of retention files sitting around taking up valuable (and expensive) space?
- Is "pick-and-pack distribution" overwhelming your company's limited resources?
- Do you need trained couriers to transport medical specimens on dry ice?
- Is your space too small and you've run out of storage room?
- Do you need a more reliable and affordable courier service than you are currently using?
- Do you have large items to move or deliver and need truck or van services?
- Do you need temporary storage during construction or renovation?



Our services cover a wide geographic area. We deliver to distances up to 200 miles from the center of Washington with other areas serviced on a customized basis.

Runners, Inc. is a woman-owned small business with two locations in Maryland:

- Corporate headquarters in Gaithersburg; and,
- A warehouse in Baltimore.

We're DOT certified, fully insured, and are pending GSA Schedule approval.

Feel free to ask any of our customers about the difference we've made for them and their success!

Contact us to find out how easy it is to get affordable help for on-demand or routine scheduled courier, trucking, warehousing or custom services.

Runners, Inc.
 7924 Queenair Drive
 Gaithersburg, MD 20879
 Phone: 301-948-7500
 Toll Free: 1-800-204-7501
 Fax: 301-330-1451

Email: info@runnersinc.com Website: runnersinc.com

Helping Small Business.....



We understand how difficult it is getting started in a new business. By listing our customers on our website, we're helping them get more exposure and be more successful. Please take a moment to meet a few of the small businesses that use our warehouse and custom services.

Dad's Gourmet is a distributor of 100% certified organic olive oil vinaigrettes.
www.olivdressing.com

Demeter's Pantry imports all natural Greek food and olive oil soaps.
www.demeterspantry.com

For Youthful Health offers a line of products to support an active lifestyle. www.4yh.com

FromFrance2You has unique pieces of antique furniture created by skilled craftsman in France.
www.fromfrance2you.com

Permalean is a family nutrition company that provides nutritional products.
www.permalean.com

We've

E-X-P-A-N-D-E-D!!

In July 2006, Runners, Inc. expanded warehouse storage and custom services in Baltimore, Maryland.

Runners currently has over 67,000 square feet of space complete with loading dock, fork-lifts and conveniently located off I-95.